



Sharon Hughes

**AUTHOR, SPEAKER &
CONFIDENCE COACH**

Hi, I'm Sharon!

AUTHOR, SPEAKER & CONFIDENCE COACH

I bring a powerful blend of personal experience, faith, and professional expertise to my role as a faith-based Confidence and Self-worth expert. My own journey of overcoming tremendous challenges, including abduction, abuse, and abandonment, sparked my unwavering commitment to help others struggling with self-worth issues.

Driven by my deep faith in Christ, I discovered a profound calling to uplift faith-based women. Through my certified life coaching, P.O.S.T. chaplaincy, and Critical Incident Stress Debriefing (CISD) qualifications, I combine practical techniques with Biblical guidance to guide women on a path of healing and deeper faith in Christ.

At the heart of my work lies my award-winning book, 'The Girl In The Garage: 3 Steps To Letting Go Of Your Past'. This transformative piece serves as a foundation for my coaching programs, providing women with tools to uncover and challenge the lies of the enemy and discover how loved and valuable they are.





SPEAKING TOPICS

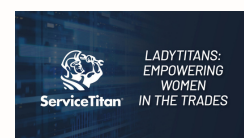
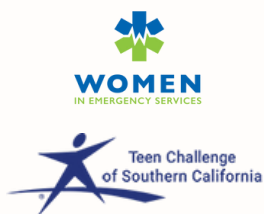
- ✓ Sharon's Powerful Testimony: 3 Steps To Letting Go Of Your Past
- ✓ Creating Confidence and Self-worth in a Broken World.
- ✓ Leading & Influencing on a Deserted Island.
- ✓ Leadership Blind-spots



After hearing Sharon speak at an event, I sought her out as my breakthrough coach!

Marcie Stoddard

SEEN & HEARD ON:





AVAILABLE FOR

- Conferences
- Keynotes
- Workshops/Retreats
- Breakout Sessions
- Online Events
- Team Training

WHAT YOU CAN EXPECT

Making your event a success is important to me and I understand how hard you've worked to prayerfully plan all the details. You can expect a professional and personable experience when you work with me.





GET IN TOUCH

I'd love to help make your event a success. Thank you for considering me!

Sharon

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